


Hudson Area Nutrition Program October 2017 Menu

Serves Mon. through Thurs. (*Fridays serves congregate only) at the Hudson Senior Center
1320 Wisconsin Street, Hudson *Call 715-386-8709 24 hours in advance for a meal*

Due to circumstances beyond our control, menu changes may occur from time to time.

Suggested Donation for: Congregate Dining: **\$4.00 per meal**; Home-delivered Meals: **\$6.50 per meal**

Please pay as much as you can afford, as we rely on donations from participants to keep the program going.

Monday	Tuesday	Wednesday	Thursday	Friday (On-Site Dining Only)
2 Chopped Sirloin American Fries Grilled Onion Coleslaw Chef's Dessert	3 Spaghetti w/ meat sauce Zucchini Tossed Salad Garlic Toast Chef's Dessert	4 BBQ Ribs Oven Brown Potatoes Kernel Corn Tossed Salad Chef's Dessert	5 Salisbury Steak Mashed Potatoes Buttered Carrots Tossed Salad Chef's Dessert	6 Beef Stroganoff Cass. Green Beans Coleslaw Garlic Toast Chef's Dessert
9 Chicken Rice Casserole Carrots Coleslaw Dinner Roll Chef's Dessert	10 Fried Shrimp Tater Barrels Carrots Vichy Tossed Salad Chef's Dessert	11 Chicken Subgum White Rice Crisp Noodles Tossed Salad Chef's Dessert	12 Baked Ham Au Gratin Potatoes Peas with Mushrooms Tossed Salad Chef's Dessert	13 Mac and Cheese Vegetable Tossed Salad Garlic Toast Chef's Dessert
16 Roast Chicken Mashed Potatoes Kernel Corn Coleslaw Chef's Dessert	17 Chopped Sirloin American Fries Grilled Onion Coleslaw Chef's Dessert	18 Spaghetti w/ meat sauce Italian Green Beans Tossed Salad Garlic Toast Chef's Dessert	19 Bratwurst Baked Beans Sauerkraut Tossed Salad Chef's Dessert	20 Mac and Cheese Vegetable Tossed Salad Garlic Toast Chef's Dessert
23 Chicken Subgum White Rice Crisp Noodles Tossed Salad Chef's Dessert	24 Baked Chicken Mashed Potatoes Dressing; Vegetable Coleslaw Chef's Dessert	25 Old Thyme Hotdish Green Beans Tossed Salad Garlic Toast Chef's Dessert	26 Roast Pork, Dressing Mashed Potatoes Peas and Carrots Coleslaw Chef's Dessert	27 Burgers & Brats Potato Salad Coleslaw Chef's Dessert
30 Braised Spare Ribs Caraway Potatoes Sauerkraut Tossed Salad Chef's Dessert	31 Baked Cod New Potatoes Brussels Sprouts Coleslaw Chef's Dessert		Why didn't the scarecrow eat dinner? <i>He was already stuffed</i>	